# Pion-nucleon interaction and the strangeness content of the nucleon 

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Abstract. A brief review of the pion-nucleon sigma-term is given.
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## 1 Introduction

Sigma-terms are proportional to the matrix elements

$$
\langle A| m_{q} \bar{q} q|A\rangle ; q=u, d, s ; A=\pi, K, N
$$

of scalar quark currents in the framework of QCD. These matrix elements are of interest, because they are related

- to the mass spectrum,
- to scattering amplitudes through Ward identities,
- to the strangeness content of $A$,
- to quark mass ratios.

In the following the status of the $\pi \mathrm{N}$ system is considered and the implications to the strangeness content in the nucleon are outlined.

## 2 The $\pi N$ sigma-term

The pion-nucleon sigma-term is a measure of explicit chiral symmetry breaking in QCD and it is defined as

$$
\begin{equation*}
\sigma=\frac{\hat{m}}{2 m}\langle p| \bar{u} u+\bar{d} d|p\rangle, \quad \hat{m}=\frac{1}{2}\left(m_{u}+m_{d}\right) \tag{1}
\end{equation*}
$$

which is the $t=0$ value of the nucleon scalar form factor $\sigma(t)$

$$
\begin{equation*}
\bar{u}^{\prime} \sigma(t) u=\hat{m}\left\langle p^{\prime}\right| \bar{u} u+\bar{d} d|p\rangle, \quad t=\left(p^{\prime}-p\right)^{2} \tag{2}
\end{equation*}
$$

i.e. $\sigma=\sigma(t=0)$. The nucleon mass is denoted by $m$.

The strangeness content of the proton can be defined as

$$
\begin{equation*}
y=\frac{2\langle p| \bar{s} s|p\rangle}{\langle p| \bar{u} u+\bar{d} d|p\rangle} \tag{3}
\end{equation*}
$$

(the OZI rule would imply $y=0$ ).
Algebraically $\sigma$ can be written in the form

$$
\begin{equation*}
\sigma=\frac{\hat{m}}{2 m} \frac{\langle p| \bar{u} u+\bar{d} d-2 \bar{s} s|p\rangle}{1-y}, \tag{4}
\end{equation*}
$$

where the numerator is proportional to the octet breaking piece in the hamiltonian. To first order in $\mathrm{SU}(3)$ breaking we have now

$$
\begin{equation*}
\sigma \simeq \frac{\hat{m}}{m_{s}-\hat{m}} \frac{m_{\Xi}+m_{\Sigma}-2 m_{N}}{1-y} \simeq \frac{26 \mathrm{MeV}}{1-y} \tag{5}
\end{equation*}
$$

where the quark mass ratio takes the value

$$
\begin{equation*}
\frac{m_{s}}{\hat{m}}=2 \frac{M_{K}^{2}}{M_{\pi}^{2}}-1 \simeq 25 \tag{6}
\end{equation*}
$$

in terms of the kaon and pion masses. Chiral perturbation theory (ChPT) allows us to determine the combination

$$
\begin{equation*}
\hat{\sigma}=\sigma(1-y) \tag{7}
\end{equation*}
$$

from the baryon spectrum.
For $\hat{\sigma}$ we have:

- 26 MeV (leading order)
- $35 \pm 5 \mathrm{MeV}, \mathcal{O}\left(m_{q}^{3 / 2}\right) \mathbb{1}$
- $36 \pm 7 \mathrm{MeV}, \mathcal{O}\left(m_{q}^{2}\right) \quad[2]$
- $33 \pm 3 \mathrm{MeV}, \mathcal{O}\left(m_{q}^{2}\right)$ [3],
where the difference in the last two determinations is the regularization method used, dimensional regularization [2] or cut-off [3].

With the help of the Feynman-Hellmann theorem the sigma-term can be extracted from the nucleon mass

$$
\begin{equation*}
\sigma=\hat{m} \frac{\partial m}{\partial \hat{m}} \tag{8}
\end{equation*}
$$

Equivalently, employing $M^{2}=2 \hat{m} B$,

$$
\begin{equation*}
\sigma=M^{2} \frac{\partial m}{\partial M^{2}} \tag{9}
\end{equation*}
$$

where $B$ is the scalar vacuum condensate. The quark mass expansion of the nucleon mass (4]

$$
\begin{align*}
m & =m_{0}+k_{1} M^{2}+k_{2} M^{3}+k_{3} M^{4} \ln \frac{M^{2}}{m_{0}^{2}} \\
& +k_{4} M^{4}+\mathcal{O}\left(M^{5}\right) \tag{10}
\end{align*}
$$

yields for $\sigma$

$$
\begin{align*}
\sigma & =k_{1} M^{2}+\frac{3}{2} k_{2} M^{3}+k_{3} M^{4}\left\{2 \ln \frac{M^{2}}{m_{0}^{2}}+1\right\} \\
& +2 k_{4} M^{4}+\mathcal{O}\left(M^{5}\right) \tag{11}
\end{align*}
$$

Here the factors $k_{i}$ contain the low-energy constants appearing in the respective chiral order. Numerically

$$
\sigma=(75-23-7+0) \mathrm{MeV}=45 \mathrm{MeV}
$$

where the $\mathcal{O}\left(M^{2}\right)$ term, $k_{1}$, has been fixed by taking $\sigma$ to have the value 45 MeV (5].

## 3 The $\pi N$ amplitude

To relate the sigma-term discussion to the scattering information the standard representation for the $\pi \mathrm{N}$ amplitude is adopted

$$
\begin{equation*}
T_{\pi N}=\bar{u}^{\prime}\left[A(\nu, t)+\frac{1}{2} \gamma^{\mu}\left(q+q^{\prime}\right)_{\mu} B(\nu, t)\right] u \tag{12}
\end{equation*}
$$

The definition of the crossing variable is

$$
\begin{equation*}
\nu=\frac{s-u}{4 m}=\omega+\frac{t}{4 m} \tag{13}
\end{equation*}
$$

where $\omega$ is the pion laboratory energy. The amplitude $D$ is defined as

$$
\begin{equation*}
D(\nu, t)=A(\nu, t)+\nu B(\nu, t) \tag{14}
\end{equation*}
$$

and its imaginary part can be related to the total cross section through the optical theorem, $\operatorname{Im} D(\omega, t=0)=$ $k_{\text {lab }} \sigma$. The isoscalar ( + ) and isovector ( - ) amplitudes $D^{ \pm}$ can be written in terms of the amplitudes in the physical channels as

$$
\begin{equation*}
D^{ \pm}=\frac{1}{2}\left(D_{\pi^{-} p} \pm D_{\pi^{+} p}\right) \tag{15}
\end{equation*}
$$

## 4 A low-energy theorem

Chiral symmetry allows us to write at the Cheng-Dashen point, i.e. at $\left(\nu=0, t=2 M_{\pi}^{2}\right)$,

$$
\begin{equation*}
\Sigma \doteq F_{\pi}^{2} \bar{D}^{+}\left(\nu=0, t=2 M_{\pi}^{2}\right)=\sigma\left(2 M_{\pi}^{2}\right)+\Delta_{R} \tag{16}
\end{equation*}
$$

where $F_{\pi}$ is the pion decay constant, $\bar{D}^{+}$is the isoscalar $D$-amplitude with the pseudovector Born term subtracted
and $\Delta_{R}$ is the remainder, which is formally of the order $M_{\pi}^{4}$ [6]. To one-loop in $\operatorname{ChPT}\left(\mathcal{O}\left(q^{3}\right)\right)$ [7]

$$
\begin{equation*}
\Delta_{R}=0.35 \mathrm{MeV} \tag{17}
\end{equation*}
$$

One-loop in $\mathrm{HBChPT}\left(\mathcal{O}\left(q^{4}\right)\right)$ gives the upper limit [8]

$$
\begin{equation*}
\Delta_{R} \simeq 2 \mathrm{MeV} \tag{18}
\end{equation*}
$$

and here it is notable that no logarithmic contribution to order $M_{\pi}^{4}$ appears. This allows us to write

$$
\begin{equation*}
\Sigma \simeq \sigma\left(2 M_{\pi}^{2}\right) \tag{19}
\end{equation*}
$$

What remains to be fixed in order to determine the $\sigma$ is the form factor difference

$$
\begin{equation*}
\Delta_{\sigma}=\sigma\left(2 M_{\pi}^{2}\right)-\sigma(0) \tag{20}
\end{equation*}
$$

ChPT to one loop gives [7]

$$
\begin{equation*}
\Delta_{\sigma} \simeq 5 \mathrm{MeV} \tag{21}
\end{equation*}
$$

Dispersion analysis yields 9

$$
\begin{equation*}
\Delta_{\sigma}=15.2 \pm 0.4 \mathrm{MeV} \tag{22}
\end{equation*}
$$

Becher and Leutwyler obtain 4)

$$
\begin{equation*}
\Delta_{\sigma}=14.0 \mathrm{MeV}+2 M^{4} \bar{e}_{2} \tag{23}
\end{equation*}
$$

where $\bar{e}_{2}$ is a renormalized coupling constant appearing in the $\mathcal{L}_{\mathrm{N}}^{(4)}$ lagrangian. The constant $\bar{e}_{2}$ is expected to be small [4].

## 5 The $\Sigma$-term

Inside the Mandelstam triangle it is convenient to employ the subthreshold expansion [10], where $\bar{D}^{+}$is expanded in powers of $\nu^{2}$ and $t$

$$
\begin{equation*}
\bar{D}^{+}=d_{00}^{+}+d_{10}^{+} \nu^{2}+d_{01}^{+} t+d_{20}^{+} \nu^{4}+d_{11}^{+} \nu^{2} t+\cdots \tag{24}
\end{equation*}
$$

The curvature term $\Delta_{D}$ is defined as

$$
\begin{equation*}
\Sigma=F_{\pi}^{2}\left(d_{00}^{+}+2 M_{\pi}^{2} d_{01}^{+}\right)+\Delta_{D} \equiv \Sigma_{d}+\Delta_{D} \tag{25}
\end{equation*}
$$

and it is dominated by the $\pi \pi$ cut giving the result [9]

$$
\begin{equation*}
\Delta_{D}=11.9 \pm 0.6 \mathrm{MeV} \tag{26}
\end{equation*}
$$

The linear part $\Sigma_{d}$ is a sensitive quantity due to the cancellation of the $d_{00}^{+}$and $d_{01}^{+}$pieces in

$$
\begin{align*}
\Sigma_{d}(\mathrm{~A}) & =(-91.3+138.8) \mathrm{MeV} \simeq 48 \mathrm{MeV}  \tag{27}\\
\Sigma_{d}(\mathrm{~B}) & =(-94.5+144.2) \mathrm{MeV} \simeq 50 \mathrm{MeV} \tag{28}
\end{align*}
$$

corresponding to the two solutions (A and B ) discussed in [5]. These numbers lead to $\Sigma \simeq 60 \mathrm{MeV}$, which is consistent with the old result of Koch $11 \Sigma=64 \pm 8 \mathrm{MeV}$ based on hyperbolic dispersion relations.

## 6 The strangeness content of the nucleon

Putting all these pieces together leads to a determination of the strangeness content of the proton

$$
\begin{equation*}
\frac{\hat{\sigma}}{1-y}=\Sigma-\Delta_{R}-\Delta_{\sigma} \tag{29}
\end{equation*}
$$

and numerically with the solution A

$$
\begin{equation*}
\frac{35 \mathrm{MeV}}{1-y}=(60-2-15) \mathrm{MeV} \tag{30}
\end{equation*}
$$

which gives $y \simeq 0.2$ with a sizeable error. This value of $y$ corresponds to about 130 MeV in the proton mass being due to the strange sea.

## 7 Partial wave analysis

The analysis discussed in Sect. 5 was based on the KH80 solution of the Karlsruhe group [12]. The data basis used there contained mainly pre-meson-factory-era data and, therefore, it is of great interest to perform a new analysis with the new data in the spirit of the Karlsruhe group incorporating fixed- $t$ constraints. This would hopefully help in fixing the value of $\Sigma$ more accurately. In the forward direction it is feasible to solve the dispersion relations directly, but for $t<0$ it is more practical to use the expansion method [10]. E.g., for the $C^{+}$amplitude $\left(C=A+\nu /\left(1-t / 4 m^{2}\right) B\right)$

$$
C^{+}(\nu, t)=C_{N}^{+}(\nu, t)+H(Z, t) \sum_{n=0}^{N} c_{n}^{+} Z^{n}
$$

where $C_{N}^{+}(\nu, t)$ is the Born term, the function H is adjusted to the asymptotic behaviour of the amplitude and $Z$ is the conformal mapping

$$
\begin{equation*}
Z\left(\nu^{2}, t\right)=\frac{\alpha-\sqrt{\nu_{t h}^{2}-\nu^{2}}}{\alpha+\sqrt{\nu_{t h}^{2}-\nu^{2}}}, \tag{31}
\end{equation*}
$$

where $\nu_{t h}=\mathrm{M}_{\pi}+t / 4 m$ and $\alpha$ is a real parameter. The convergence and smoothing is taken care of by a convergence test function

$$
\chi_{T}^{2}=\lambda \sum_{n=0}^{N} c_{n}^{2}(n+1)^{3}
$$

which is one component in the $\chi^{2}$ expression to be minimized. Other contributions include $\chi_{D A T A}^{2}$ and $\chi_{P W}^{2}$, where the latter is calculated from the previous iteration of the partial wave solution.

To demonstrate the working of the expansion method at $t=0$ with $\mathrm{N}=40$, Figs. (1) and (2) display $\operatorname{Re} C^{+}(\omega, t=$ 0 ) and $\sigma_{\pi^{+} p}^{T}$. For the real part of the $C^{+}$-amplitude there are three data points at low energy as input and they fix the subtraction constant appearing in the dispersion relation for the $C^{+}$.

The VPI/GWU group has recently published a partial wave analysis [13], which does employ fixed- $t$ constraints. The publication does not, however, give a value for the $\Sigma$,


Fig. 1. The real part of the $C^{+}$-amplitude. The crosses refer to the tabulated values in 10


Fig. 2. The $\pi^{+} p$ total cross section
but indications are [14] that the number could be 20-30 \% larger than the numbers quoted above.

## 8 The relation $\Sigma \leftrightarrow$ threshold

The issue of relating the $\Sigma$ to the values of threshold parameters is an old one [15]. In general, $\Sigma$ can be expressed in terms of the threshold parameters [16]

$$
\begin{equation*}
\Sigma=F_{\pi}^{2}\left[L\left(a_{l}, \tau\right)+\left(1+\frac{M_{\pi}}{m}\right) \tau J^{+}\right]+\delta \tag{32}
\end{equation*}
$$

where $L\left(a_{l}, \tau\right)$ is a linear combination of the threshold parameters $a_{l}, \tau$ is a free parameter to single out individual scattering lengths and $J^{+}$is the integral over the isoscalar combination of the total cross section. The remainder, $\delta$, contains contributions from the Born term, the $\Delta$ and the loop corrections. The approach of Altarelli et al. 15 corresponds to choosing $\tau=-1$, but without loops. However, at present, one has to rely on dispersion methods to extract the threshold parameters anyway, so the value of any such formula is limited.

## 9 Lattice results

ChPT permits a study of the quark mass dependence of the nucleon mass. This makes it possible to have a connection to the lattice data, where, currently, only unphysically high quark masses can be dealt with. New accurate data from the CP-PACS, JLQCD and QCDSF-UKQCD collaborations (dynamical quarks, two flavours) give [17]

$$
\begin{equation*}
\sigma=49 \pm 3 \mathrm{MeV} \tag{33}
\end{equation*}
$$

to $\mathcal{O}\left(q^{4}\right)$ in ChPT. Another approach including the leading nonanalytic and next-to-leading nonanalytic behaviour yields 18 ]

$$
\begin{equation*}
\sigma=35-73 \mathrm{MeV} \tag{34}
\end{equation*}
$$

## 10 Conclusions

The challenge at present seems to be in determining $\Sigma$. That involves a number of questions

- one has to deal with conflicting sets of data,
- one has to rely on the Tromborg [19] formalism for the electromagnetic corrections even though there are indications [20] that further improvements in this sector should be incorporated,
- the extrapolation from the low-energy region to the Cheng-Dashen point could, to some extent, be sensitive to the $d$-waves, which otherwise cannot be fixed with the low-energy scattering information [21].

The new direction with the lattice calculations is gradually getting very interesting as far as the sigma-term is concerned. However, further improvements, i.e. smaller $m_{q}$-values, will still be needed.

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